

4 x 400 METER RELAY - MINNESOTA ALL-TIME

3:14.47	Mounds View 2007 (Q. Evans, M. Schelendich, K. Bradley, A. Balzar)	3:20.30	Eden Prairie 2010
3:16.69	Stillwater Area 2011 (M. Day, N. Ricci, M. Davis, N. Goff)	3:20.37	Edina 2017
3:16.89	Stillwater 1997 (A Runk, L Lumby, N Langer, T Mitchell)	3:20.37	East Ridge 2018
3:17.06	Wayzata 2013 (C Pierson, J Smith, O Wamuo, M Smith)	3:20.46	Totino-Grace 2025
3:17.38	Hastings 2025 (A Johnson, G Hanstad, J Vickney, S Strauss)	3:20.49	Stillwater Area 2000
3:17.58	Lakeville North 2022 (J Kocher, B Stachewicz, B Licht, A Casey)	3:20.51	Rosemount 2011
3:17.88	Woodbury 2013 (O Lawal, M Waterhouse, A Abodunde, K Lee)	3:20.53	Eden Prairie 2014
3:17.98	Wayzata 2011	3:20.55	White Bear Lake Area 2010
3:18.01	Eagan 2025	3:20.60	Wayzata 2002
3:18.36	Wayzata 2012	3:20.62	Robbinsdale Armstrong 2002
(10)		(70)	
3:18.57	Wayzata 2014	3:20.4	Robbinsdale Armstrong 1978 (3:21.7y)
3:18.60	Lakeville North 2023	3:20.64	St Michael-Albertville 1999
3:18.67	Woodbury 2004	3:20.64	Mounds View 2019
3:18.73	Mounds View 2024	3:20.67	Robbinsdale Cooper 2006
3:18.5	Edina 1968 (3:19.8y)	3:20.71	Moorhead 1993
3:18.77	Woodbury 2008	3:20.72	Rosemount 2010
3:18.81	Mounds View 2005	3:20.75	Robbinsdale Armstrong 2010
3:18.88	Hopkins 2001	3:20.77	Minnetonka 1996
3:18.94	East Ridge 2017	3:20.77	St. Michael-Albertville 2013
3:18.94	Chaska 2024	3:20.6	Rochester JM 1974 (3:21.9y)
(20)		(80)	
3:19.06	Mounds View 2018	3:20.6	Wayzata 1978 (3:21.9y)
3:19.13	Mounds View 2017	3:20.6	Wayzata 1981
3:18.9	Edina 1969 (3:20.2y)	3:20.84	Centennial 2025
3:19.18	Bemidji 2017	3:20.85	Hopkins 2025
3:19.19	Rosemount 2022	3:20.86	Hastings 2023
3:19.22	Buffalo 2008	3:20.87	Park 1985
3:19.32	Mankato East 2017	3:20.89	Eden Prairie 2025
3:19.37	Hopkins 2019	3:20.90	Apple Valley 2022
3:19.39	Mankato East 2016	3:20.92	Wayzata 2019
3:19.39	Blaine 2025	3:20.93	Blaine 2016
(30)		(90)	
3:19.40	Eden Prairie 2015	3:20.96	Mounds View 2000
3:19.2	Moorhead 1971 (3:20.5y)	3:20.96	Maple Grove 2010
3:19.44	Apple Valley 1999	3:20.97	Farmington 2014
3:19.45	Coon Rapids 2001	3:20.99	Forest Lake Area 2022
3:19.45	Wayzata 2024	3:21.01	Stillwater Area 1999
3:19.47	Rosemount 2008	3:21.03	Anoka 2025
3:19.4	Alexander Ramsey 1968 (3:20.7y)	3:20.8	Edina 1966 (3:22.1y)
3:19.64	Edina 2018	3:20.8	Moorhead 1973 (3:22.1y)
3:19.64	Minnetonka 2024	3:21.05	Mankato West 2008
3:19.71	Wayzata 2016	3:21.08	Woodbury 2012
(40)		(100)	
3:19.72	East Ridge 2013	3:21.08	St Louis Park 2025
3:19.5	Bloom Kennedy 1971 (3:20.8y)	3:21.11	Burnsville 2008
3:19.75	Buffalo 2011	3:20.9	White Bear Lake 1970 (3:22.2y)
3:19.79	Mounds View 1999	3:20.9	Albert Lea 1976 (3:22.2y)
3:19.83	Farmington 2015	3:21.14	Irondale 2015
3:19.84	Apple Valley 2001	3:21.15	Roseville Area 2013
3:19.92	Centennial 2017	3:21.15	Mankato West 2025
3:19.93	Rosemount 2023	3:21.22	Hopkins 2013
3:19.95	Wayzata 2017	3:21.22	Osakis 2025
3:19.97	Mounds View 2023	3:21.23	Chaska 2013
(50)		(110)	
3:20.00	Buffalo 2006	3:21.1	Edina 1965 (3:22.4y)
3:20.07	Stillwater Area 2010	3:21.35	Elk River 2014
3:20.08	Fairmont 1984	3:21.38	Bloom Jefferson 1999
3:19.9	White Bear Lake 1971 (3:21.2y)	3:21.40	Mounds View 2001
3:20.16	Andover 2022	3:21.41	Rochester Lourdes 2014
3:20.17	Austin 2010	3:21.2	White Bear Lake 1966 (3:22.5y)
3:20.19	Stillwater Area 1998	3:21.2	Rochester JM 1969 (3:22.5y)
3:20.21	Chaska 2025	3:21.2	Owatonna 1974 (3:22.5y)
3:20.24	Apple Valley 1992	3:21.2	Mounds View 1987
3:20.26	Shakopee 2016	3:21.48	Mounds View 2022
(60)		(120)	

3:21.48 Coon Rapids 2025

3:21.3 White Bear Mariner 1974 (3:22.6y)

3:21.54 Hopkins 2007

3:21.55 Apple Valley 1989

3:21.55 Eden Prairie 2022

3:21.58 Wayzata 2015

3:21.59 Osseo 2014

3:21.63 Woodbury 2025**3:21.64 Mounds View 2025**

3:21.65 Stillwater 1996

(130)

3:21.70 Rosemount 2024

3:21.5 Mounds View 1977 (3:22.8y)

3:21.76 Minnetonka 1985

3:21.76 Buffalo 2009

3:21.77 Prior Lake 2017

3:21.80 Eden Prairie 2023

3:21.81 Hopkins 2011

3:21.82 Owatonna 1981

3:21.6 Robbinsdale Armstrong 1979 (3:22.9y)

3:21.84 Tartan 2007

(140)

3:21.88 Eagan 2006

3:21.88 Hopkins 2012

3:21.90 Minnetonka 2012

3:21.91 Irondale 1992

3:21.92 Rosemount 2009

3:21.93 Burnsville 2000

3:21.7 White Bear Lake 1967 (3:23.0y)

3:21.7 Mankato 1968 (3:23.0y)

3:21.7 Edina East 1974 (3:23.0y)

3:21.97 Minnetonka 1989

(150)

3:21.97 Alexandria 2005

3:21.97 Bloomington Jefferson 2014

3:21.99 Mankato East 2025

3:22.00 Moorhead 2014

3:22.00 Wayzata 2022

3:21.8 St Louis Park 1971 (3:23.1y)

3:21.8 Moorhead 1972 (3:23.1y)

3:22.05 Marshall 2025

3:22.08 Albert Lea 1988

3:22.10 Elk River 2013

(160)

3:22.11 Hastings 2014

3:22.11 Minnetonka 2023

3:22.13 Champlin Park 2023

3:22.17 Rochester Century 2019

3:22.20 White Bear Lake 1985

3:22.20 Rochester Mayo 2002

3:22.20 Jordan 2022

3:22.21 Edina 2016

3:22.0 Red Wing 1976 (3:23.3y)

3:22.0 Eden Prairie 1978 (3:23.3y)

(170)

3:22.0 Wayzata 1979 (3:23.3y)

3:22.0 Moorhead 1980

3:22.25 Farmington 2013

3:22.27 Irondale 1989

3:22.27 Fridley 2008

3:22.28 Redwood Valley 2025

3:22.29 Eastview 2005

3:22.31 Burnsville 2001

3:22.33 Mounds View 2006

3:22.1 Rochester JM 1971 (3:23.4y)

(180)

3:22.34 Farmington 2021

3:22.43 Maple Grove 2025**3:22.43 Wayzata 2025**

3:22.2 Stillwater 1977 (3:23.5y)

3:22.2 Albert Lea 1977 (3:23.5y)

3:22.2 Wayzata 1980

3:22.46 White Bear Lake 2009

3:22.47 Elk River 2016

3:22.50 St Francis 1989

3:22.51 Park Center 2018

(190)

3:22.51 DeLaSalle 2025

3:22.3 Minnetonka 1968 (3:23.6y)

3:22.3 White Bear Mariner 1975 (3:23.6y)

3:22.54 Woodbury 2006

3:22.54 Mounds View 2014

3:22.55 Minnetonka 1988

3:22.55 Anoka 2006

3:22.55 Eagan 2015

3:22.59 Edina 1999

3:22.59 Perham 2025

(200)

3:22.59 Robbinsdale Armstrong 2025

3:22.62 LeCenter/Cleveland 1997

3:22.4 St Louis Park 1967 (3:23.7y)

3:22.4 Edina 1971 (3:23.7y)

3:22.4 White Bear Lake 1978 (3:23.7y)

3:22.4 Blaine 1984

3:22.65 Holdingford/Upsala 2025

3:22.70 Apple Valley 2008

3:22.70 Forest Lake 2023

3:22.71 White Bear Lake Area 2011

(210)

3:22.73 Eastview 2019

3:22.5 St Paul Central 1989

3:22.5 Mounds View 1973 (3:23.8y)

3:22.75 Robbinsdale Armstrong 2006

3:22.77 SP Highland Park 1988

3:22.77 Osseo 2013

3:22.78 Rochester Century 2024

3:22.80 Stillwater 2024

3:22.80 Eagan 2024

3:22.80 St. Michael-Albertville 2024

(220)

3:22.81 Brainerd 2000

3:22.6 St Paul Central 1979 (3:23.9y)

3:22.6 Apple Valley 1988

3:22.84 White Bear Lake 1999

3:22.85 Mankato West 2004

3:22.86 Tartan 2006

3:22.87 Eden Prairie 1997

3:22.88 Fairmont 2008

3:22.88 Prior Lake 2011

3:22.90 Bloomington Jefferson 2013

(230)

3:22.91 Elk River 1983

3:22.91 Tartan 1998

3:22.91 Eastview 2008

3:22.92 Osseo 2011

3:22.93 Irondale 1979

3:22.93 Tartan 2005

3:22.7 Park 1974 (3:24.0y)

3:22.7 Mounds View 1975 (3:24.0y)

3:22.7 Rochester JM 1975 (3:24.0y)

3:22.7 Faribault 1980

(240)

3:22.7 Blaine 1983
3:22.94 Eden Prairie 2012
3:22.94 Anoka 2015
3:22.96 Anoka 2016
3:22.97 Osseo 2001
3:22.97 Moorhead 2018
3:23.01 Forest Lake 1993
3:23.01 Rochester Century 2004

3:23.01 Holy Angels 2005
3:22.8 Austin 1975 (3:24.1y)
3:22.8 Stillwater 1978 (3:24.1y)
3:22.8 Minnetonka 1984
3:22.8 Burnsville 1980
3:22.8 Minnetonka 1995
3:23.04 Alexandria 2011
(255)

11/13/25